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**MANUFACTURER:**  
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# ALT GPT (IFCC) Single vial

Reagent for quantitative determination of Alanine amino transferase activity (ALT)  
[EC 2.6.1.2] in human serum or plasma.

REF 80027 R1: 20 X 10 mL	REF 80127 R1: 8 x 30 mL
REF 80227 R1: 10 x 125 mL	REF 80327 R1: 6 x 200 mL

## TECHNICAL SUPPORT AND ORDERS

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**IVD** IN VITRO DIAGNOSTIC USE

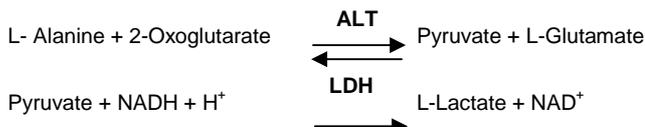
## CLINICAL SIGNIFICANCE (1) (2)

ALT is present in very high amounts in liver and kidney, and in smaller amounts in skeletal muscle and heart. Although serum levels of both AST and ALT become elevated whenever diseases process affecting liver cells integrity, ALT is the more liver-specific enzyme. Serum elevations of

ALT activity is rarely observed in conditions other than parenchymal liver disease (cirrhosis, carcinoma, hepatitis, obstructive jaundice or liver stroke). Moreover its elevation persists longer than do those of AST activity. Measurement of both AST and ALT has some value in distinguishing hepatitis from other parenchymal lesions.

## PRINCIPLE (4) (5) (6)

Method developed by Wroblewski and LaDue, optimised by Henry and Bergmeyer (following modified IFCC recommendations). Reaction scheme is as follows:



The decrease in absorbance due to the conversion of NADH into NAD<sup>+</sup>, and proportional to ALT activity in the specimen, is measured at 340 nm.

Absence of P<sub>5</sub>P allows a better stability of working reagent.

## REAGENTS COMPOSITION

Vial R1	WORKING REAGENT
2-Oxoglutarate	15 mmol/L
L-Alanine	500 mmol/L
LDH	≥ 1600 UI/L
NADH	≤ 0.18 mmol/L
Tris Buffer	100 mmol/L
pH at 30°C	7.50 ± 0.1
Preservative	

Before reconstitution: Xn, Harmful

R22-R32: Harmful if swallowed. Contact with acid liberates very toxic gas.

S22-S28: Do not breath dust. After contact with skin, rinse immediately with plenty of water

Once reconstituted: None

## REAGENTS PREPARATION

REF 80027: Use a non-sharp instrument to remove aluminium cap. Add promptly to the contents of the vial the amount of demineralised water stated on the label.

Mix gently and wait for complete dissolution before using reagent (approximately 2 minutes).

## SAFETY CAUTIONS

BIOLABO reagents are designated for professional, in vitro diagnostic use.

- Verify the integrity of the contents before use.
- Use adequate protections (overall, gloves, glasses).
- Do not pipette by mouth.
- In case of contact with skin and eyes, thoroughly wash affected areas with plenty of water and seek medical advice.
- Reagents contain sodium azide (concentration < 0.1%) which may react with copper and lead plumbing. Flush with plenty of water when disposing.
- Material Safety Data Sheet is available upon request.
- Waste disposal: Respect legislation in force in the country.

All specimens should be handled as potentially infectious, in accordance with good laboratory practices using appropriate precautions. Respect legislation in force in the country.

## STABILITY AND STORAGE

Store away from light, well cap in the original vial at 2-8°C

- Unopened, reagents are stable until expiry date stated on the label of the kit when stored and used as described in the insert.
- Once reconstituted, working reagent is stable for 60 days when free from contamination.
- Discard any reagent if cloudy or if absorbance measured at 340 nm is < 1.000.
- Don't use working reagent after expiry date stated on the label of the Kit.

## SPECIMEN COLLECTION AND HANDLING (2) (7)

Unhemolysed serum. Do not use heparinised plasma.

ALT is stable in serum or plasma for:

- 24 hours at room temperature.
- 7 days at 2-8°C.

## INTERFERENCES (3) (6)

Hemoglobin: No interference up to 300 µmol/L Hb.

Hemolysis: Positive interference due to ALT released from erythrocytes.

Bilirubin: No interference up to 20 mg/dl (342 µmol/L).

Turbidity: No interference up to 7.00 mmol/L triglycerides.

LDH contained in reagent allows, during pre-incubation step, the reduction of endogenous pyruvate which would positively interfere.

Elevated ALT level may involve NADH depletion during pre-incubation stage, which may lead to under-estimated results. In case of lipemic or icteric specimens, increased absorbance may mask this phenomenon. It's recommended to check these specimens diluted (1 + 4) in saline solution.

For a more comprehensive review of factors affecting this assay refer to the publication of Young D.S.

## MATERIAL REQUIRED BUT NOT PROVIDED

1. Medical analysis laboratory equipment.
2. Normal and pathological control sera.
3. Demineralised water for reagent preparation.

## CALIBRATION

Results will depend on the accuracy of the instrument calibration, the time counting, the respect of reagent/specimen ratio and the temperature control.

- Use the theoretical calibration factor (§ CALCULATION)
- Or REF 95015 BIOLABO Multicalibrator (calibration value determined with validated statistical technics and metrologically controlled instrument)
- or a multiparametric calibrator traceable to a reference method or material

## QUALITY CONTROL

- BIOLABO EXATROL-N Level I REF 95010  
BIOLABO EXATROL-P Level II REF 95011
- Other assayed control sera referring to the same method.
- External quality control program.

It is recommended to control in the following cases:

- At least once a run.
- At least once within 24 hours.
- When changing vial of reagent.
- After maintenance operations on the instrument.

If control is out of range, apply following actions:

1. Repeat the test with the same control.
2. If control is still out of range, prepare a fresh control serum and repeat the test.
3. If control is still out of range, verify analysis parameters: Wavelength, temperature, specimen/reagent ratio, time counting, calibration factor.
4. If control is still out of range, use a new vial of reagent and reassay
5. If control is still out of range, please contact BIOLABO technical support or your local Agent.

## EXPECTED VALUES (2)

UI/L	at 30°C	at 37°C
Newborns, Infants	9-32	13-45
Men	7-28	10-40
Women	5-25	7-35

Each laboratory should establish its own normal ranges for the population it serves.

## PERFORMANCE CHARACTERISTICS

Within-run N = 30	Normal level		Between run N = 33	Normal level	
	High level	High level		High level	High level
Mean IU/L	32	141	Mean IU/L	39	98
S.D. IU/L	1.06	1.94	S.D. IU/L	1.15	1.45
C.V. %	3.3	1.4	C.V. %	2.9	1.5

Detection limit: approximately 7 IU/L

Sensitivity for 17 IU/L: approximately 0.010 ΔAbs/min at 340 nm.

Comparison studies with commercially available reagent:

$$y = 0.9813x - 0.6606 \quad r = 0.9983$$

## LINEARITY

The assay is linear up to 350 IU/L.

If ΔAbs./min > 0.200, reduce specimen volume or dilute specimen with saline solution and reassay taking into account the dilution factor to calculate the result. Linearity will depend on the specimen/reagent ratio.

## MANUAL PROCEDURE

Let stand reagents and specimens at room temperature.

Pipette into 1 cm path length thermostated cuvette:	
Reagent	1 mL
Bring to 37°C (30°C) then add:	
Specimen	100 μL
Mix. Start a timer. Record initial absorbance after 1 minute at 340 nm. Record the absorbance again every minutes during 3 minutes. Calculate absorbance change per minute (ΔAbs/min).	

**Note:** Specific procedures are available upon request for automated instruments. Please contact BIOLABO technical support.

## CALCULATION

Calculate the result as follows:

**With theoretical factor:**

$$\text{IU/L} = (\Delta\text{Abs/min}) \times 1746$$

$$\mu\text{Kat/L} = \frac{\text{IU/L}}{60}$$

**With seric multicalibrator:**

$$\text{ALT Activity} = \frac{(\Delta\text{Abs/min}) \text{ Assay}}{(\Delta\text{Abs/min}) \text{ Calibrator}} \times \text{Calibrator Concentration}$$

## REFERENCES

- (1) TIETZ N.W. *Text book of clinical chemistry*, 3<sup>rd</sup> Ed. C.A. Burtis, E.R. Ashwood, W.B. Saunders (1999) p. 652-657
- (2) *Clinical Guide to Laboratory Test*, 4<sup>th</sup> Ed., N.W. TIETZ (2006) p. 64-67
- (3) YOUNG D.S., *Effect of Drugs on Clinical laboratory Tests*, 4<sup>th</sup> Ed. (1995) p. 3-6 to 3-16.
- (4) HENRY R. J. and al., *Am J Clin Path* (1960), 34, 398
- (5) Bergmeyer HU., and al. *Clin. Chem.* (1978), 24, p.58-73
- (6) IFCC Method for L-Alanine aminotransferase. *J Clin. Chem., Clin. Biochem.*(1986), 24, p.481-495.
- (7) MURRAY RL., « Alanine aminotransferase » in *clinical chemistry. Theory, analysis, and correlation.* Kapan LA, Pesce AJ, (Eds), CV Mosby St Louis (1984): 1090



Manufacturer



Use by



In vitro diagnostic



Temperature limitation



Catalogue number



See insert



Batch number



Store away from light



sufficient for



dilute with